

Abdominoplasty (Tummy Tuck)

A tummy tuck removes the excess skin and fat through a horizontal incision.

The navel is repositioned after tightening of the abdomen. The resulting scar lies above the pubic mound and is therefore not usually visible, even in swimwear. The procedure can be combined with liposuction of the abdominal area and other areas. In extreme cases, such as after major weight loss, a procedure called Belt-Lipectomy may be necessary. This procedure includes the tightening of the stomach, flanks and back.



Information about the procedure:

Duration of case: 1.5 hours

General Anaesthesia required

Post-operative recovery approximately 14 days

No physical activity/sport for approximately 6 weeks

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