PLASTIC Prof Farhadi
SURGERY

Thigh Lift

GROUP London

Excess skin on the thighs is a common consequence of significant weight loss and

sometimes inevitable with age and gravity. Despite intensive physical activity, there

is often no improvement. Thus, the only solution to this is surgical tightening of the

thighs. We would discuss with you the options of a thigh lift, through a horizontal or

vertical scar or both, on the inner upper thigh.

Frequently, the thigh lift is combined with liposuction to achieve an enhanced and

harmonious shape. Following surgery, it is recommended to wear compression

garments for more that 6 weeks to achieve an optimal contour.

QUESTIONS YOU MAY WANT TO ASK DURING YOUR CONSULTATION:

Can I combine this surgery with other procedures

simultaneously?

Will the lymphatic vessels be checked at the

surgery?

INFORMATION ABOUT THE PROCEDURE:

Duration of case: 2 hours

General Anaesthesia required

Post-operative recovery approximately 5 days

No physical activity/sport for approximately

4 weeks

Email: farhadij@me.com